

# The Three Peaks Sunday 5 April 2009

**Weather conditions:**  
**Wind: Warm North Westerlies**  
**Temperature: min 11, max 21**

## **Dunedin's 26th Skyline Challenge**



**The Winner,  
Norman Dunroy  
Finishing strongly**



*Left-Right Norman Dunroy #219 (winner), Geoff Williamson #1 (1st Men's team), Neale McLanachan #268, Tom Hunt #177 (2nd Overall, 1st Senior Man), Shireen Crumpton #3 (1st Mixed Team)*

**Perfect warm, conditions provided the perfect setting for a wonderful 26th Skyline Challenge in Dunedin on Sunday 5 April 2009, and despite some patchy light rain, the sun shone through for most of the event.**



**Norman Dunroy at start of Pineapple Track**

Norman Dunroy ran a magnificent race to win Dunedin's 26th Skyline Challenge Three Peaks Mountain Race. Running strongly throughout the race, he completed the tough and hilly 26km course, which traverses Flagstaff, Swampy Summit and Mount Cargill, in 2 hours 5 minutes 50 seconds. In addition to winning the race overall, he also won the Men's 35+ title.

Dunroy (43), moved to Dunedin from the United Kingdom with his wife, Helen, last year. He is an accomplished cyclist and multisporter and was initially undecided on whether to enter the race. However, he put aside his apprehension and made a late entry to the race, which ultimately proved to be the right choice.

Second across the line was the 2008 winner Tom Hunt, who also won the Open Men's title in 2 hours 10 minutes 12 seconds.

*Left in photo - Tom Hunt, at the prizegiving - the presenters are president Peter Hughes and race organiser Kirsty Morris*



**Chris Sole, third overall and first in the Master Men's 50 grade finishing strongly in 2 hours 16 minutes 14 seconds to set a new record for the MM50+ grade.**

Chris Sole once again showed that the combination of a shrewd running brain and a proven ability to run over this rugged and hilly terrain enabled him to finish third overall and first in the Master Men's 50 grade breaking the previous MM50 record held by Marc Boule (2005) by one minute and 14 seconds.



Andrew Riddle also ran a well judged race to finish fourth overall and second in the Open Men's division in a time of 2 hours 19 minutes 37 seconds. Seen here at the finish line.

**Andrew Riddle - 2nd Open Man**

Lukas Frei finishing at Chingford Park. He finished fifth overall and third in the Open Men's division in a time of 2 hours 22 minutes 27 seconds.



**Lukas Frei - 3rd Open Man**

Sue Cuthbert won the Master Women's 35+ title in 2 hours 31 minutes 18 seconds



**Sue Cuthbert winning the Master Women's 35+ title as well as being the fastest woman overall.**



Kim Herbert-Losier ran well to win the Senior Women's title as well as finishing third fastest woman overall.

**Kim Herbert-Losier winning the Senior Women's title**



Louisa Andrew finished second in the Master Women's 35+ grade and second woman overall in a time of 2 hours 33 minutes 4 seconds



**Louisa Andrew finishing**



**Jan Craig achieved a milestone in her running career by winning the Master Women's 50+ title in 2 hours 51 minutes 29 seconds.**

**Jan Craig winning the Master Women's 50+ title**



**Shireen Crumpton**

The Mixed team of Shireen Crumpton and Clinton Coker have broken the mixed team's record with a combined time of 2 hours 8 minutes 59 seconds. Crumpton got to the top of Swampy Summit in a time of 59 minutes 24 seconds. While Coker traversed the second part of the relay course in 69 minutes 35 seconds.

The previous record was held by the mixed team of Ben Revell and Pippa Jerram with the combined time of 2:18:34



**Clinton Coker**



**Geoff Williamson**

The team of Geoff Williamson and Oliver O'Sullivan won the Men's team race to finish in 2 hours 4 minutes 34 seconds. Williamson got to the top of Swampy Summit in 59 minutes 48 seconds, while O'Sullivan ran 64 minutes 46 seconds for the second half to achieve the win.



**Ollie O'Sullivan**



**Dorothy Mowat  
finishing 4th in the  
Masters Women's 50 +  
grade**

Dorothy Mowat may have been the last finisher, but she is one determined person. She is planning to tackle the Great Wall of China Marathon soon and this is part of her training. We wish Dorothy all the best in her endeavour and hope that the tough Three Peaks course provided her with the ideal preparation.

## **Teams Placings:**

The team of Geoff Williamson and Oliver O'Sullivan won the **Men's team** race to finish in 2 hours 4 minutes 34 seconds. Williamson got to the top of Swampy Summit in 59 minutes 48 seconds, while O'Sullivan ran 64 minutes 46 seconds for the second half to achieve the win.

Anna Gray 1:14.09 and Emily Makower 1:34.00 won the **Women's teams** race in 2:48.09

Shireen Crumpton 0:59.24 and Clinton Coker 1:09.35 won the **Mixed teams** race in 2:08.59

## **Town Garage King of the Mountain**

Norman Dunroy won the 2009 ***Town Garage*** King of the Mountain title after being the first man (individual entries only) to the top of Swampy Summit and still complete the race. His time to Swampy was 58 minutes 42 seconds.

## **Town Garage Queen of the Mountain**

Sue Cuthbert won the ***Town Garage*** Queen of the Mountain title for 2009 after being the first woman runner (individual entries only) to the top of Swampy Summit and then still complete the race. Her time to Swampy was 69 minutes 44 seconds.

## **Notable Achievements: John Scoones completed his 24th Three Peaks**

Thanks to all the competitors, organisers, sponsors, helpers and spectators who made it such a great day for mountain running. And congratulations to Kirsty Morris and Peter Hughes for co-ordinating the race organisation, Thanks too to Greg Johnston, Margaret Knox and Mrs Morris (Kirsty's mum), Megan Belchan, Ron McLay-Barnes, the two tailend charlies - Jamie Sinclair and Grant Koedyk, Marc Boule and all the marshalls and everyone else who helped make this a memorable day.