

23rd THREE PEAKS Mountain Race

Sunday 23 April 2006

Weather: The weather was warm and sunny. Running conditions were good.

Thanks to all those who helped to make this once again an enjoyable event for so many people. The organisers, the marshals, timekeepers, helpers, spectators, competitors and especially our sponsors who without which we would battle to put on an event of this nature. Special mention must also be made of farm owners who for the Sunday gave permission for athletes to tramp across their land.

The Start

Nineteen athletes fronted for the early start at 8.30am. The main field of 80 runners including the relay team members started at 9.30am.

26km Race

Open Men's runner Steve McKinstry won in 2 hours 10 mins 34 seconds. Open Men's runner Andrew Lonie finished just a second adrift in 2 hours 10 mins 35 seconds. Andrew Lonie's second place was enough to ensure that he won the Open Men's King of the Mountain Title in the Otago Mountain Running Series.

Coming through the finish line in third place overall was Master Mountain Man Chris Sole who had made a break on the field early on using his superior hill running to lead for most of the race. He held out Glen Ferguson to win the Master Men's 40-49 grade to secure that third overall placing in 2 hours 11 minutes 32 seconds while Glen Ferguson finished as second MM40-49 runner in 2 hours 11 minutes 42 seconds and fourth place overall.

Next to follow across the line in fifth place overall was the first female runner, and accomplished mountain runner Sarah Chisnall. In doing so Chisnall also won the Open Women's grade in 2 hours 12 minutes and the King of the Mountain Title in this grade. Then in sixth overall place was Brian Pascoe who was the third Master Men's 40-49 runner in 2 hours 15 mins 51 seconds. In doing so, Pascoe secured the Master Men's 40+ King of the Mountain title in the Otago Mountain Running Series. Third Open Men's runner Geoff Williamson finished in seventh place overall in 2 hours 18 minutes 27 seconds.

Dave McLean won the Master Men's 50+ grade in 2 hours 28 minutes 46 seconds and this grade's King of the Mountain Title. Second and third in the MM50+ grade were Phil Dowsett in 3:07:04 and Don McKay in 3:13:43.

The second female runner across the line was Sophie Hart in 2:35:47 followed by Kate Kerr in 2:42:03. She was followed by Linda Murdoch who won the Women's 35-44 title in 2 hours 42 minutes 15 seconds. Jan Craig won the Women's 45+ grade in 2 hours 52 minutes 41 seconds. Second MW45+ runner was Sally Nicoll in 3:09:04. Rachel van Gorp finished in second place in the Women's 35-44 grade in 3 hours 21 minutes 54 seconds to win the King of the Mountain Title for this grade. Third Master Women's 35-44 runner was Helen Chignell in 3:31:41.

2-Person 26km Teams Race

Woodhaugh Street, Flagstaff, Swampy (team changeover), Mt Cargill, Chingford Park

First leg approx 11km, Second leg approx 15 km. The first leg is toughest due to it incorporating the tough uphill from start near Woodhaugh Gardens to top of Flagstaff, one long downhill to bottom of Swampy, then long tough climb up to Swampy Summit. The second leg takes in a long downhill to Leith Valley, then long uphill climb to Mt Cargill, then long downhill and straight to the finish at Mt Cargill

The Opens Men's teams race overall team title was won by Quentin Rew (1:02:00) and Jimmy List (1:04:10) in a combined time of 2 hours 6 mins 10 seconds. Second team across the line was the Men's team of Julian O'Hagan (1:05:29) and Alan Funnell (1:11:49) in a combined time of 2:16:18. Third team to finish was the Men's team of Steve Munro (1:11:28) and Alistair McAlevey (1:24:10) in a combined time of 2:35:38.

Fourth team across the line was the winning mixed team of Nico de Jong (1:08:09) and Leanne Matchett (1:29:28) in 2 hours 37 minutes 37 seconds. The second mixed team of James Peterson (1:16:15) and Lucy James (1:27:23) followed in a combined time of 2:43:38 with third mixed team of Kate Denton (1:13:36) and Michael Denton (1:36:21) next in 2:49:57.

The Women's Teams Race was won by Baillie Haines (1:17:24) and Natasha Lydiard (1:42:50) in a combined time of 2 hours 59 minutes 14 seconds.